

2019 -2020 APLEX JUNIOR TENNIS PROGRAMS

Session #1 / October 7 – October 31

Session #2 / November 4 – November 21 (3 week session)

Session #3 / December 2 – December 19 (3 week session)

Session #4 / January 6 – January 30

Session #5 / February 3 – February 27

Session #6 / March 2 – March 26

Session #7 / April 6 – April 30

Level 2 – Red Group (Ages 7-8)

These players will learn to rally over the net with a partner. This class focuses on agility, balance, coordination, and reception skills. Basic strokes on forehands, backhands and serves are covered.

Tuesday & Thursday (5:00 PM – 6:00 PM) Fee - \$50.00 (Member) \$65.00 (Non-Member)

Drop In Rate: \$10.00 (Member) \$12.00 (Non-Member)

Level 3 – Green Group (Ages 9-11)

Fundamentals on forehands, backhands and serves will be covered in depth. Students will learn the tracking and reception skills necessary to develop rally skills. Serve, rally and score is the major theme of this level.

Monday & Wednesday (4:00 PM – 5:00 PM) Fee - \$50.00 (Member) \$65.00 (Non-Member)

Drop In Rate: \$10.00 (Member) \$12.00 (Non-Member)

Level 4 – Middle School/Junior Varsity (Ages 11-14)

These players have experience competing in USTA tournaments or are working towards making their varsity team. Live hitting drills that work on doubles and singles tactics along with plenty of competitive match play.

Tuesday & Thursday (4:00 PM – 5:00 PM) Fee - \$60.00 (Member) \$75.00 (Non-Member)

Drop In Rate: \$12.00 (Member) \$14.00 (Non-Member)

Level 5 – Varsity Elite (Ages 14 – College)

These players are playing at the varsity high school level and/or are competing in USTA tournaments. The main goal of this class is to create an intense drill environment to work on strokes, conditioning, mental toughness and tactics.

Monday & Wednesday (5:00PM – 6:30 PM) Fee - \$90.00 (Member) \$105.00 (Non-Member)

Drop In Rate: \$15.00 (Member) \$17.00 (Non-Member)

Junior Match Play & Team Tennis (Levels 4 & 5) (Every Friday when junior clinics are in session)

This will be an opportunity for our young players to compete in a controlled but relaxed environment! Players will be paired against others in the program and will play both singles and doubles. Tennis Pro will observe as well as offer coaching tips to all players.

Snacks and/or pizza and pop will be included each time! Cost is \$10.00 per time

Friday (4:30 PM – 6:00 PM) Fee - \$10.00 (You must register each week!)

PRIVATE LESSONS AVAILABLE ON REQUEST- \$35.00 or 3/\$99.00 Member & \$45.00 Non-member

Contact Charlie Drury @906-235-3198